

THIS IS CHEMICAL ABORTION

The following is an actual account from a woman who induced an abortion using the RU-486 chemical abortion regimen. It is just one example from a larger population who suffer in silence.

MY HEART WAS ABSOLUTELY CRUSHED.

REAL STORIES, REAL WOMEN, REAL PAIN.

"I took a medication abortion. I later found out it was incomplete, I was in a psychiatric hospital for a **severe depression** episode related to the abortion...

My heart was absolutely crushed. It was like losing my baby all over again...

My heart still feels like there's a piece missing. I feel depressed and think about who they could have been. **I wanted the baby more than anything.**"



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I WAS THE 10%

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"After doing everything right with my medical abortion at 4 weeks pregnant, I went back to the clinic after still getting positive tests and having pregnancy symptoms. It was confirmed via ultrasound that I was still pregnant, there was a **heartbeat**, and I was 8 weeks. The doctor told me I should buy a lottery ticket because this never happens. They told me there was a huge chance of having a miscarriage, or the baby being born with deformities because the medication was so strong.

So I chose to have the aspiration procedure done (without sedation, **worst pain I have ever been in** and I've had multiple vaginal deliveries unmedicated). I feel like I'm having to go through all of the emotions all over again. I don't understand why this had to happen like this and why I had to go through this a second time. If you're still reading, thank you. I just needed to vent and I don't really have anyone to talk to about this besides my husband."



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STILL BLEEDING - PLEASE HELP.

REAL STORIES, REAL WOMEN, REAL PAIN.

"Hello everyone.

I was 6 weeks along when I took the medication route on April 1. I have been non-stop bleeding since then (arriving at 6 weeks now). For about 4 days after the pill, I had some pretty heavy bleeding and clots but it lightened. About 4 weeks post pill, I had a really heavy 4 days with clots like crazy. I was light again until today I started cramping up again and passing bright red blood.



Is this normal? Should I talk to PP or go to the hospital? I'm not soaking through every couple of hours, but I certainly was during the 4 week mark for those few days (I honestly think it was just my period). When will this bleeding ever stop? I'm starting to get really upset over this. I want this chapter closed but I can't move on until there some semblance of normalcy with my bleeding.

Thanks for your responses, any are appreciated."

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I HAVE LOST A PART OF MYSELF.

REAL STORIES, REAL WOMEN, REAL PAIN.

"I administered my medical pill abortion yesterday and it was **horribly painful** for about 6 - 9 hours. I was in so much pain that when it subsided I was just happy to be out of pain, however, having woken up feeling physically better today I feel **emotionally disturbed**. I feel like **I miss my unborn child** and have made a huge mistake, I feel empty and like I've lost a part of myself. I had made the decision not to keep the baby because whilst the father and I get along, we have decided to end our relationship. I am also about to start a 3 year degree program in

September which is something I have always wanted to do (I am a mature student). This, combined with my current living situation (I just rent a room of a friend), and the fact I have no finances to raise a child were basically the reasons I didn't continue the pregnancy... but the emotional desire to have the child was always there, and I feel like I've made **a huge mistake** and that **I'll regret this forever**. It feels like it's just sunk in that I'm not pregnant anymore and **I'm devastated**. Has anyone else experienced this? I thought I would feel relieved but I don't at all..."



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I HAD A MEDICAL ABORTION TODAY. NEED SOME ADVICE.

REAL STORIES, REAL WOMEN, REAL PAIN.

"I was conflicted beforehand about a medical abortion or a surgical abortion. Due to COVID-19, I was told they recommend the medical to anyone who qualifies (I did, I was 6 weeks) to reserve the surgical procedure for those who really require it.

I regret the medical abortion route. I do not regret the abortion one bit, but **I have never felt a worse pain in my entire life.** I do not have a high pain tolerance and **I felt like I was dying.** I had the worst chills, sweating, and



it felt like my uterus was lit on fire. It was pretty bad for me and even though it's all over and I am fine now, I keep crying being it was kind of **traumatic.**

I wasn't expecting this and I am not sure if anyone has any advice on how to deal with these feelings? Thanks so much guys. (Also, I posted under a throwaway because people I know are aware of my regular reddit and I didn't feel like they needed to know about my abortion.)"

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POST- ABORTION REGRET



REAL STORIES, REAL WOMEN, REAL PAIN.

"I had a medical abortion...physically, it was painful...honestly that was a walk in the park compared to the emotions that I'm feeling right now... I cried every day before, and **I cry every day now**. I feel like I made a decision that wasn't right for me and now **I feel really guilty**. To make it worse, my partner has turned round since the abortion and said that this has made him realize he did want that baby. My head is all over the place and I can't concentrate on anything. It's such a **struggle** to get out of bed and **pretend I'm okay**."