

WHAT YOU SHOULD KNOW ABOUT

PLAN B

RISKS

- Plan B has a 12.5% failure rate.
- Plan B has been found to increase risk of breast cancer.
- Plan B is listed as a class 1 carcinogen.

SIDE EFFECTS

- Dizziness
- Cramps
- Vomiting
- Decreases regular birth control effectiveness
- **67%** increased chance of irregular menstruation
- **31.9%** increased chance of developing ovarian cysts
- **13.6%** chance of infection

ECTOPIC PREGNANCY

Plan B increases the risk of **ectopic pregnancy**, which is when an embryo attaches somewhere outside the uterus (e.g. a fallopian tube), which is life-threatening for the mother. Treatment for ectopic pregnancy involves removal of a portion of the tube, which can cause future **infertility**.

HOW IT WORKS

“Emergency Contraception” has several lines of defense:

- First, it tries to repress ovulation. If that doesn't work...
- Next, it thickens cervical fluid to prevent sperm from reaching the egg. If that doesn't work, and conception occurs...
- It changes the uterine lining to make the womb uninhabitable to the newly-conceived child, causing an abortion.



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